



BARNARDOS POST ADOPTION SERVICE

Booklist for Adoptive Parents and Children

August 2009

SUGGESTED READING FOR PARENTS

Adoption Board	<ol style="list-style-type: none"> 1. <i>Understanding the Intercountry Adoption Process</i> 2. <i>Understanding the Assessment Process</i> 3. <i>After the Declaration</i> 	Information Booklets
Adoptive Parents' Association of Ireland	<p>Adoption Handbook <i>A directory of adoption related services</i></p>	Available via A.P.A.I. Glendalough Post Office, Co. Wicklow. (1998)
Alstein, H. et al	<p>Intercountry Adoption <i>A multinational perspective</i></p>	Praeger, 1991 edition
Anderson, Rachel	<p>For the Love of Sang <i>Adoption in Vietnam</i></p>	Lion U.K. 1990
Argent, Heidi	<p>Related By Adoption <i>A handbook for grandparents and other relatives</i></p>	BAAF (2004) 1903699398
Armstrong, Sarah et al	<p>The Colour of Difference <i>Journeys in transracial adoption</i></p>	Federated Press, NSW Australia (2001) 1.86287.397.6
Archer, Caroline	<p>First Steps in Parenting the Child who Hurts <i>Tiddlers and Toddlers</i></p>	
Archer, Caroline	<p>Next Steps in Parenting the Child who Hurts <i>Tykes and Teens</i></p>	
Ashton, Laurel	<p>Take Two <i>A story about confronting infertility, exploring alternatives and adopting two babies.</i></p>	BAAF Nov. 2008 ISBN 9781905664481
Austin, J.	<p>Adoption: The Inside Story</p>	Barn Owl Books. 1985
B Bagley, Christopher et al	<p>International and Family Bonds <i>Adoption in Peru</i></p>	International Universities Houghton Mifflin, USA. 1994
Batty, Daphne	<p>Caring for Other People's Children</p>	BAAF
B Bowlby, J.	<p>Child Care and the Growth of Love</p>	(1953,1965).Penguin; London, New York
Brodinsky, David	<p>The Psychology of Adoption</p>	Published 1990 - Anchor Books, New York
Brokinsky, David	<p>Being Adopted – the Lifelong Search for Self</p>	
Buchanan, Emily	<p>From China with Love <i>A long road to motherhood</i></p>	Wiley, U.K. 2005.
Burlingham-Brown, B.	<p>“Why Didn’t She Keep Me? Answers to the question every adopted child asks</p>	Langford Books, South Bend, (IA). 1994.

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Cairns, K.	Attachment, Trauma and Resilience: Therapeutic Caring for Children	BAAF, U.K. 2002
Cargreaves, Kate	Journey to our Children <i>Infertility and Adoption – one couple’s story</i>	Aurora Publications
Cashin, Claire	Will You be Here when I get Home?	
Chennel, Prue & Morrison, Marjorie	Talking about Adoption to your Adopted Child	BAAF London 1998
Cogen, Patty	Parenting Your Internationally Adopted Child <i>From your first hours together through the teen years</i>	The Harvard Common Press Boston, Mass. 2008 ISBN: 978-155832326-1
Cowling, S. Mallows, M. et al	Thoughts for Adoptive Parents	Practice Paper Post Adoption Centre, London. 1993
Crook, Marion	The Face in the Mirror <i>Teenagers and Adoption</i>	
Crumbley, Dr. Joseph	Transracial and Transcultural Adoption	
Cullen, Adrienne	Thursday’s Child <i>The Romanian adoption story</i>	Kildanore Press, Dublin. 1991
Garbor, Ivor	In the Best Interests of the Child <i>Culture, identity and transracial adoption</i>	Press Association Books
Delaney, R.J.	The Healing Power of the Family. An illustrated overview of Life with the Disturbed Foster or Adopted Child.	Wood ‘N’ Barnes. Oklahoma City (OK). 1997.
Delaney, R.J.	Fostering Changes. Treating Attachment-Disordered Foster Children.	Wood ‘N’ Barnes. Oklahoma City (OK). 1998.
Dorow, Sara (Ed)	I Wish for You a Beautiful Life: Letters from the Korean Birth Mothers of Ae Ran Won to Their Children	Yeong & Yeong Book Company St. Paul, MN. 1999
Eldridge, Sherrie	20 Things Adopted Kids Wish Their Adoptive Parents Knew	Dell Trade Paperbacks, New York, USA (1999) 044050838X
Eldridge, Sherrie	Twenty Life Transforming Choices Adoptees Need to Make	Pinon Press, Colorado Springs. 2003.
Evans, Margaret	You don’t have to fill in a form to have a Baby The frustrations and fulfilment of the adoption process.	Family Welfare Assn.
Fowler, Deborah	A Guide to Adoption The other road to parenthood	Optima, 1993. London

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Fahlberg, Vera	A Child's Journey Through Placement	BAAF (1994)
Gaffney, Conway, Andrews & Fitzgerald	Parenting – A Handbook for Parents	Townhouse, Dublin 1991
Gerhardt, S.	Why Love Matters: How Affection Shapes a Baby's Brain	Brunner-Routledge, UK. 2004
Greene, R.W.	The Explosive Child	Harper Collins, New York. 2001.
Hage, D.	Therapeutic Parenting. It's a Matter of Attitude!	Parenting with Pizzaz Publications; Silverthorne (CO). 1999.
Harris, Perlita	In Search of Belonging <i>Reflections by Transracially Adopted People</i>	BAAF, U.K.
Harris, Perlita (Ed)	The Colours In Me <i>Writing and poetry by adopted children and young people</i>	BAAF, U.K. 2008
Hartog, Jan de	The Children: a personal record for the use of adoptive parents	Hamilton Hamish, London
Heim, Alice	Thicker Than Water? <i>Adoption: its loyalties, pitfalls and joys</i>	Secker and Warburg, London. (1983)
Hibbs, E (Editor)	Adoption: International Perspectives <i>(Collection of papers from international conference on adoption, Greece, 1987)</i>	International Universities Press, Conn, USA. 1992
Howe, David	Adopters on Adoption <i>Reflections on parenthood and children</i>	BAAF (1996)
Huebner, Dawn, Ph.D.	What To Do When You Worry Too Much <i>A kid's guide to overcoming anxiety</i>	
Hughes, D.A.	Building the Bonds of Attachment: Awakening Love in Deeply Troubled Children	Jason Aronson; U.S. 1999
Hughes, Daniel A	Attachment Focused Parenting <i>Effective strategies for care for children</i>	Norton Professional Books April 2009.
Humphrey, Michael et al (Editors)	Inter-Country Adoption <i>Practical Experiences</i>	Routledge, London. 1993
Irwin Johnston, Patricia	Perspectives on a Grafted Tree	1982 ISBN: 9609504-0-0
James, Maria	An Adoption Diary <i>A couple's journey from infertility to parenthood</i>	BAAF 2006 ISBN 9781903699218
Jernberg, A.M. and	Theraplay: Helping Parents and Children build	Jossey Bass; Wiley; U.S. 1998

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Booth, P	Better Relationships through Attachment Based Play	
Jewett, Claudia	Helping Children Cope with Separation and Loss	BAAF (1995)
Jewett, Claudia	Adopting The Older Child	Harvard Common Press, Mass, USA. (1978)
Johnston, P.	Perspectives on a Grafted Tree. Thoughts for Those Touched by Adoption.	Perspectives, Indianapolis (IA). 1983.
Keck, G. and Kupecky, R. Springs.1995	Adopting the Hurt Child: Hope for Families with Special Needs Kids – A Guide for Parents and Professionals	Pinon Press, Colorado
Keck, G. and Kupecky, R.	Parenting the Hurt Child: Helping Adoptive Families Heal and Grow	Pinon; Colorado Springs (CO).2002
Keefer, Betsy & Schooler, Jayne E.	Telling the Truth to Your Adopted & Foster Child	Bergin & Garvey 2000 ISBN 0-89789-691-2
Komar, Miriam	Communicating with Your Adopted Child	www.backinprint.com (2000). 059509127X
Kranowitz Carol Stock	The Out-of-Sync Child <i>Recognizing and Coping with Sensory Processing Disorder</i>	Us Imports (revised edition) 6/7/2007 ISBN-10: 0399531653 ISBN-13: 978-0399531651
Kranowitz Carol Stock 2006	Out-of-Sync Child Has Fun <i>Activities for kids with sensory processing disorder</i>	Us Imports (revised edition) Aug ISBN-10: 0399532714 ISBN-13: 978-0399532719
Lacher, Nichols & May	Connecting with Kids through Stories <i>Using Narratives to Facilitate Attachment in Adopted Children</i>	
Lee Ellen, Lammert Marilyn & Hess Mary Anne	Once They Hear My Name <i>Korean adoptees and their journeys toward identity</i>	Tamarisk Books, Silver Spring, MD, USA. 2008. 0-9793756-0-6
Lifton, Betty Jean	Journey of the Adopted Self <i>Lost and Found</i>	Published 1994. Dial Press, New York. ISBN 0-06-097132
Lord, Jennifer	Adopting a Child <i>A guide for people interested in adoption</i>	BAAF (2002)
Macaskill, C.	Adopting or Fostering the Sexually Abused Child	BAAF, London. 1994.
Macliver, Celia et al	Family Talk <i>Picture sheets for children whose family is adopting or fostering</i>	BAAF (1990)

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MacLeod, J. and Macrae, S. (Eds)	Adoption Parenting. Creating a Toolbox, Building Connections	EMK Press, Warren, New Jersey. 2006.
McNamara et al.	Bruised before Birth. Parenting Children Exposed to Parental Substance Abuse.	BAAF, London. 1995
Marsden, Robert	The Family Business <i>The story of a family's adoption of a boy with cerebral palsy.</i>	BAAF March 2008 ISBN 9781905664320
Melina-Ruskai, Lois	Making Sense of Adoption	Harper Perennial, 1989 New York. ISBN 0-06-096319-0
Melina-Ruskai, Lois	Raising Adopted Children	Harper Perennial, 1986 New York
Miles, Susan	Adoption Literature for Children <i>An annotated bibliography</i>	Greenwood Press (1992)
Milotte, Mike	Banished Babies <i>Secret history of Ireland's babies export business to the U.S.A.</i>	New Island Books, Dublin, 1997
Mortimore, Claude	Maternity, Paternity and Adoption Leave <i>Information Pack</i>	Industrial Society Publications
Morris, A.	The Adoption Experience. Families who give Children a second chance	Jessica Kingsley: London (UK). 1999
Murphy, Matt & Elaine	Seven of the Best	M & E Publications, Ballinvarosig, Carrigaline, Co. Cork. 1992
McCarthy, Mary	My Eyes Only Look Out <i>Experiences of Irish people of mixed race parentage</i>	Brandon Books, Ireland. 2001 0.86322.284.6
O'Connor, J.P.	International Adoption Guide	Chancellor Publications
O'Malley, Beth	Lifebooks: Creating a Treasure for the Adopted Child	Adoption-Works (reprint edition) June 2000. ISBN-10: 0970183275 ISBN-13: 978-0970183279
Orlans, M. and Levy, T	Healing Parents. <i>Helping Wounded Children Learn to Trust and Love</i>	Child Welfare League of America, Washington. 2006
Owen, Morag	Novices, Old Hands and Professionals <i>Adoption by single people</i>	BAAF (1999). 1873868685.
Pavao Maguire, Joyce	The Family of Adoption	Published 1998. Beacon Press, Boston

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Parkes, C.M. et al (Eds) 1991	Attachment Through the Life Cycle	Routledge; London, New York.
Phillips, Rena	After Adoption <i>Working with adoptive families</i>	BAAF
Pollard, N.	Why Do they Do That? <i>Understanding teenagers' self-destructive and other behaviours</i>	Lion (UK). 1998.
Praeger, Emily	Wuttu Diary <i>On taking my adopted daughter back to China</i>	Random House. 2002
Register, Cheri	Are Those Kids Yours? <i>American families with children adopted from other countries</i>	1991. ISBN: 0-02-925750-6
Register, Cheri	Beyond Best Intentions	2005. ISBN: 1-59743-000-5
Riley Debbie and Meeks John	Beneath the Mask <i>Understanding Adopted Teens</i>	
Rojewski, J.W.	Intercountry Adoption from China <i>Examining cultural heritage and other post-adoption issues</i>	
Rosenberg, E.B.	The Adoption Life Cycle	Free Press, 1992
Rowe, Jane	Yours By Choice	Tavistock Routledge Kegan. 1992 (latest ed)
Royce, Ruth and Ed	Together in Time <i>How creative therapies helped a family who adopted two boys with attachment difficulties</i>	BAAF March 2008 ISBN 9781905664399
Ryan, T. et al	Life Story Work	BAAF (1999)
Schooler, Jayne E.	Journeys After Adoption <i>Understanding lifelong issues</i>	2001. ISBN: 0-89789-816-8
Selman, Peter	Intercountry Adoption <i>Developments, trends, perspectives</i>	BAAF. 2000
Seymour, Nathalie	In Black and White	BAAF
Schofield, Gillian	Attachment Handbook for Foster Care and Adoption	BAAF, U.K. 2006
Sharry, John	Bringing Up Responsible Teenagers	Veritas (2001)
Siegal, Stephanie	Parenting your Adopted Child	Prentice Hall Press, New York 1989

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Silber, Kathleen et al	Dear Birth Mother <i>Thank you for our baby</i>	Corona, Texas, USA. (1991)
Stringer, Bernie	Communicating Through Play A guide to techniques for assessing and preparing children for adoption	BAAF, 2009
Sunderland, M.	The Science of Parenting.	Dorling Kindersley, London. 2006.
Sunderland, M.	What Every Parent Needs to Know	Dorling Kindersley, London. 2007.
Sunderland, Margot	Helping Children who are Anxious or Obsessional (A Guidebook) <i>(Companion book to "Willy and the Wobbly House" – see under Suggested Reading for Children, p11)</i>	Speechmark Publishing Ltd. 2000. ISBN: 978 0 86388 454 2
Sunderland, Margot	Helping Children Locked in Rage or Hate (A Guidebook) <i>(Companion book to "How Hattie Hated Kindness" – see under Suggested Reading for Children, p11)</i>	Speechmark Publishing Ltd. 2003. ISBN: 978 086388 465 8
Thomas, Caroline et al	Adopted Children Speaking	BAAF (1999)
Thomas, N.	When Love is not Enough. <i>A guide to parenting children with Reactive Attachment Disorder</i>	Families by Design: Glenwood Spring (CO). 1997.
Usborne	Russian First Phrases	
Van Gulden, Holly & Bartells, Lisa	Real Parents, Real Children <i>Parenting the Adopted Child</i>	Crossroad, New York 1997
Van Gulden, Holly & Vick, Charlotte	Learning the Dance of Attachment <i>An adoptive parent's guide to fostering healthy development</i>	Crossroads Adoption Services 911 4 th St., Hudson, WI 54016, USA
Verrier Newton, Nancy	The Primal Wound <i>Understanding the Adopted Child</i>	Gateway Press Inc. Baltimore
Watkins and Fishes	Talking with Young Children about Adoption	
Weise, Jacqueline	Transracial Adoption <i>A black perspective</i>	Social Work Perspectives
Wesselmann, D.	The Whole Parent. <i>How to become a terrific parent even if you didn't have one</i>	Plenum, New York (US). 1998
Wise, Julia	Flying Solo <i>A single parent's adoption story</i>	ISBN: 978-1-905664-00-9

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Wolff, J	Secret Thoughts of an Adoptive Mother	Vista Communications Honolulu 1997
Wolfs, Renee	Adoption Conversations <i>What, when and how to tell</i>	BAAF 2008 ISBN 978-1-905664-35-1
Wright, Marguerite	I'm Chocolate; You're Vanilla	1998. ISBN: 78794196-4
	Wise up Powerbook <i>A workbook designed to help children answer questions about their adoption</i>	Available from www.adoptionssupport.org

WEBSITES

The following U.K. organisations offer training and conferences which might be of interest to adoptive parents:

www.childmentalhealthcentre.org

www.postadoptioncentre.org.uk

www.baaf.org.uk

www.adoptionuk.org

SUGGESTED READING FOR CHILDREN

Susan Bagnall	The Teazles' Baby Bunny <i>To familiarise child of 2+ years (adopted or not) with the idea of adoption</i>	BAAF, U.K. 2008.
T.Bartlett	When you were born in Vietnam	2001 ISBN : 09638472-5-2
Michael Bond	A Bear called Paddington	1958
Ann Braff Brodzinsky	The Mulberry Bird <i>(Helpful to explain birthmother's story)</i>	Perspectives Press (May 2006)
Sheila Byrne	Belonging doesn't mean Forgetting. <i>Nathan's story. 4 year-old boy moves from birth family, to foster care, to adoption</i>	BAAF, U.K. Published 1998
VM Caldwell	The Ocean Within	1999
JM Czech	The Coffee Can Kid	2002 ISBN : 0-87868-821-8
J Cole	How I was Adopted	Published 1998
Gay Lynn Cronin	Two Birthdays for Beth	
Jamie Lee Curtis 069401215	Tell me again about the night I was born	Little Hippo Press 1999 ISBN:
R.Delaney	The Long Journey Home	1997
S Dorow	When You Were Born in China	1997 ISBN 0-9638472-1-X
N D'Antonio	Our Baby from China <i>An Adoption Story</i>	1997
Rebecca Daniel	Finding a Family for Tommy <i>A lift-the-flap picture book for pre-school children</i>	BAAF, London. 2009
Faustin Charles	A Caribbean Counting Book	1998 ISBN 1-901-22386-8
Kate Gaynor	Joe's Special Story	www.specialstories.net
LV Gerard	We Adopted You, Benjamin Koo	1997
CC Giannetti	Who am I? and Other Questions of Adopted Kids	1999
Eleanor Gormally	Little Lucy's Family - A story of adoption	Veritas 2006
K Gravelle	Where are my Birth Parents? <i>A Guide to Teenage Adoptees</i>	Published 1992 ISBN:0-8027-7453-9
Jen Green	What do we think about Racism?	ISBN 07502-4113-6
Sheila Hamarake	All the Colours of the Earth	1994 ISBN 0688-1113-9

Richard Kagan, PhD	Real Life Heroes <i>A Life Storybook for Children</i>	Haworth Maltreatment and Trauma Press, New York. 2004
K Kaska	A Mother for Choco	1997
Karen Katz	Over the Moon <i>An Adoption Tale</i>	1997 ISBN 0-8050-6707-8
Almud Kunert	And Then You arrived and We became a Family	2005 Zerwas Press ISBN: 0-953-1830-3-3
Noelle Lamperti	Brown Like Me	ISBN1-892281-03-1
R Lewis	I Love You like Crazy Cakes	2000
R.A.Lidser & R Allpress	Chester & Daisy Move On <i>A Story about Two Bear Cubs</i>	Published 1993
Carole Livingstone	Why was I Adopted?	Carol Publishing Group, New York, 1990
Joan McNamara	Borya and the Burps	Perspectives Press
Ka Miller	Did my First Mother Love me?	1994 Morning Glory Press. ISBN: 0930934-85-7
C Miner	Rain Forest Girl <i>More than an adoption story</i>	1998
K A Moffett Press	Did my First Mother Love Me? <i>A Story for an Adopted Child</i>	Published 1993 Morning Glory
McElderry Mona	Beneath Her Gentle Wings <i>(Useful for single adopters)</i>	Wings, New York Mills, MN ISBN: 0-9641573-2-2
Carolyn Nystrom	A Child's Guide to Adoption: Andy's Big Question	The Lion Care Series, 1987
B O'Malley	Lifebooks: Creating a Treasure for Adopted Kids	
Todd Parr	The Feelings Book	2000 ISBN 0-7445-9220-8
Todd Parr	This is My Hair	ISBN 07445-8197-4
Gillian Powell	What do we think about Adoption?	
Prodeeptha Das	Geeta's Day <i>From dawn to dusk in an Indian village</i>	1999 ISBN 0-7112-1234-1
Lori Rosove	Rosie's Family: An Adoption Story	Asia Pr (April 2001)
Sanders and Myers	What do you know about Racism?	ISBN 07496-3738-2
Karen Schrek	Lucy's Family Tree	2001 ISBN 0-88448-225-1

Margot Sunderland	Willy and the Wobbly House <i>(Companion book to "Helping Children who are Anxious or Obsessional – see under Suggested Reading for Parents, p7)</i>	Speechmark Publishing Ltd. 2000. ISBN: 978 0 86388 498 6
Margot Sunderland	How Hattie Hated Kindness (A Guidebook) <i>(Companion book to "Helping Children Locked in Rage or Hate" - see under Suggested Reading for Parents, p7)</i>	Speechmark Publishing Ltd. 2003. ISBN: 978 0 86388 461 0
Eliza Thomas	The Red Blanket <i>(Useful for single adopters)</i> Tells the story of a single woman who goes to China to adopt a baby	Scholastic Press, New York.2004.
Pat Thomas	My Parents Picked Me	1993 Hodder London ISBN :07502-4266-3
Albert Whitman	Adoption is for Always	Grove, Illinois USA ISBN :0875-0185-9
Wayne Willis	This is how we became a Family: <i>An Adoption Story</i>	Magination Press. American Psychological Assn. ISBN: 1-55798-700-9

BOOKS TO READ TO YOUR CHILD TO BUILD ATTACHMENT

Willie's Not The Hugging Kind. Joyce Durham Barrett. Harper Collins, 1989

The Little Brute Family. Russell Hoban. A Sunburst Book, 1966

The Stone Doll of Sister Brute. Russell Hoban. The MacMillan Company, 1968

Guess How Much I Love You. Sam McBratney. Candlewick Press, 1994

If You Were My Bunny. Kate McMullan. Scholastic Press

I Love You The Purplest. Jeanne Modesitt. Chronicle Books, 1996

What Mommies Do Best / What Daddies Do Best. Laura Numeroff. Simon & Schuster Books for Young Readers, 1998

The Kissing Hand. Audrey Penn. Child Welfare League of America, 1993

Octopus Hug. Laurence Pringle. Boyds Mills Press, 1993

On Mother's Lap. Ann Herbert Scott. Clarion Books, 1972

I Love You, Little One. Nancy Tafuri. Scholastic Press, 1998

Foo. Richard Thompson. Annick Press, 1988

Because Brian Hugged His Mother. David Lee. Dawn Publications, 1999

Things That Are Most In The World. Judi Barrett. Scholastic Inc.

Baby Dance. Ann Taylor. Harper Festival, 1999

Something Beautiful. Sharon Dennis Wyeth. 1998

Hush, Little Baby. Sylvia Long. 1996

A Books of Hugs. Dave Ross. Harper Collins.

The Runaway Bunny. Margaret Wise Brown. Harper Trophy, 1942

So Much. Trish Cooke. Candlewick Press, 1994

Even if I did Something Awful. Barbara Shook Hazen. Aladin Books, 1981

Mama, Do You Love Me? Barbara M. Joose. Chronicle Books, 1991

As well as providers such as Amazon.com, the following UK supplier may be able to assist with the above titles :

Academy Book Services Tel: 0044 1332842880 email : roy@academybooks.freeserve.co